

# January 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>No School</i>	3 <i>No School</i>	4	5	6	7
8	9 CONDITIONING 2:45—4:15	10	11 CONDITIONING 2:45—4:15	12	13 <i>No School</i>	14 <i>Oberlin Indoor Meet</i> <i>9:00AM Field</i> <i>12:30 Running</i>
15	16 <i>No School</i>	17	18 CONDITIONING 2:45—4:15	19	20 CONDITIONING 2:45—4:15	21
22	23 CONDITIONING 2:45—4:15	24	25 CONDITIONING 2:45—4:15	26	27 CONDITIONING 2:45—4:15	28
29 <i>Oberlin Indoor Meet</i> <i>9:00AM Field</i> <i>12:30 Running</i>	30 CONDITIONING 2:45—4:15	31				

# February 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <i>CONDITIONING</i> 2:45—4:15	2	3 <i>CONDITIONING</i> 2:45—4:15	4 <i>Oberlin Indoor Meet</i> <i>9:00AM Field</i> <i>12:30 Running</i>
5	6 <i>CONDITIONING</i> 2:45—4:15	7	8 <i>CONDITIONING</i> 2:45—4:15	9	10 <i>CONDITIONING</i> 2:45—4:15	11
12	13 <i>CONDITIONING</i> 2:45—4:15	14	15 <i>CONDITIONING</i> 2:45—4:15	16	17 <i>CONDITIONING</i> 2:45—4:15	18
19	20 <i>NO SCHOOL</i>	21	22 <i>CONDITIONING</i> 2:45—4:15	23	24 <i>CONDITIONING</i> 2:45—4:15	25 <i>Oberlin Indoor Meet</i> <i>9:00AM Field</i> <i>12:30 Running</i>
26	27	28				

# March 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 <i>Fist day of Practice</i> <i>NEED ALL PAPER-</i> <i>WORK TURNED IN</i> <i>2:45- 4PM</i>	7 <i>PRACTICE</i> <i>2:45— 4PM *</i>	8 <i>PRACTICE</i> <i>2:45— 4PM *</i>	9 <i>PRACTICE</i> <i>2:45— 4PM *</i>	10 <i>NO SCHOOL</i>	11
12	13 <i>PRACTICE</i> <i>2:45— 4PM *</i>	14 <i>PRACTICE</i> <i>2:45— 4PM *</i>	15 <i>PRACTICE</i> <i>2:45— 4PM *</i>	16 <i>PRACTICE</i> <i>2:45— 4PM *</i>	17 <i>PRACTICE</i> <i>2:45— 4PM *</i>	18
19	20 <i>PRACTICE</i> <i>2:45— 4PM *</i>	21 <i>PRACTICE</i> <i>2:45— 4PM *</i>	22 <i>PRACTICE</i> <i>2:45— 4PM *</i>	23 <i>PRACTICE</i> <i>2:45— 4PM *</i>	24 <i>PRACTICE</i> <i>2:45— 4PM *</i>	25
26	27 <i>PRACTICE</i> <i>2:45— 4PM *</i>	28 <i>PRACTICE</i> <i>2:45— 4PM *</i>	29 <i>PRACTICE</i> <i>2:45— 4PM *</i>	30 <i>PRACTICE</i> <i>2:45— 4PM *</i>	31 <i>PRACTICE</i> <i>2:45— 4PM *</i>	

# April 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>PRACTICE</i> 2:45— 4PM *	4 <i>PRACTICE</i> 2:45— 4PM *	5 1st Home meet AVON & AMHERST 4:30pm	6 <i>PRACTICE</i> 2:45— 4PM *	7 @Bay Village Invitational TBA	8
9	10 <i>PRACTICE</i> 2:45— 4PM *	11 Home meet Lakewood & North Olmsted 4:30pm	12 <i>PRACTICE</i> 2:45— 4PM *	13 @Lorain County Invite Avon 3:00pm	14	15
16	17 <i>PRACTICE AT EVENT COACHES DISCRETION</i>	18 <i>PRACTICE AT EVENT COACHES DISCRETION</i>	19 @ Berea Midpark w/Olmsted Falls 4:30pm	20 <i>PRACTICE AT EVENT COACHES DISCRETION</i>	21 @Brookside Invitational 4:00pm	22 @Comet Relays Amherst <b>GIRLS TEAM</b>
23	24 <i>PRACTICE</i> 2:45— 4PM *	25 <i>PRACTICE</i> 2:45— 4PM *	26 @ North Ridgeville 4:30PM	27 <i>PRACTICE</i> 2:45— 4PM *	28 @Margaretta Invitational 4:30pm	29
30						

# May 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>PRACTICE</i> 2:45— 4PM *	2 <i>PRACTICE</i> 2:45— 4PM *	3 @SWC JV CHAMPIONSHIP North Ridgeville 4:30pm	4 <i>PRACTICE</i> 2:45— 4PM *	5 BELL INVITATIONAL @ ROCKY RIVER 4:00pm	6
7	8 <i>PRACTICE</i> 2:45— 4PM *	9 <i>PRACTICE</i> 2:45— 4PM *	10 SWC CHAMPIONSHIP @ Amherst 4:30PM	11 <i>PRACTICE</i> 2:45— 4PM *	12 SWC CHAMPIONSHIP @ Amherst 4:30PM	13
14	15 <i>PRACTICE</i> 2:45— 4PM *	16 <i>PRACTICE</i> 2:45— 4PM *	17 DISTRICTS @ Amherst 4:00pm	18 <i>PRACTICE</i> 2:45— 4PM *	19 DISTRICTS @ Amherst 4:00pm	20
21	22 <i>PRACTICE</i> 2:45— 4PM *	23 <i>PRACTICE</i> 2:45— 4PM *	24 REGIONALS @ Amherst 4:00pm	25 <i>PRACTICE</i> 2:45— 4PM *	26 REGIONALS @ Amherst 4:00pm	27
28	29	30	31		STATE	STATE

# June 2017

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	